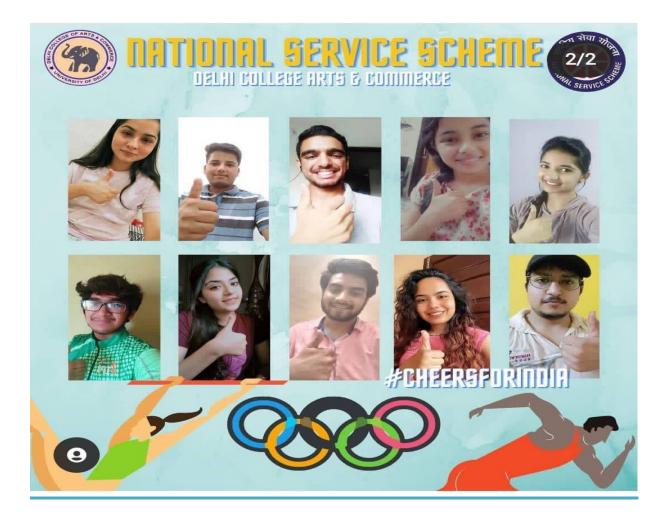


NSS Delhi College of Arts and Commerce in collaboration with NSS ANDC CELL presents to you an ONLINE WORKSHOP conducted by Ayuryoga Life Institute, promoting International Day Of Yoga'21 and Common Yoga Protocol.

Delhi college of Arts and commerce, NSS is organising WORKSHOP featuring keynote address by MS RITIKA (Public Policy RESEARCHER &TRAINEE IN Ashtanga YOGA) on 21 June at 9:00 am In collaboration with IQAC to celebrate .

Supporting India for Tokyo Olympics





Cheering Team INDIA for Tokyo Olympics from NSS Unit Delhi College of Arts and Commerce.

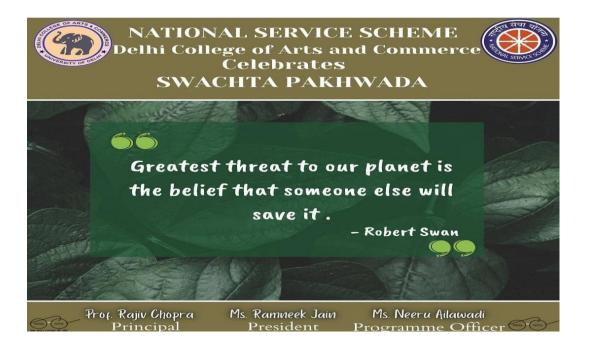
Selfies posted by 60+ students to support Indian athletes.



"Watercolour is a medium that can be as demanding and temperamental as those who choose to paint with it. But it is a colourful and exciting medium all the same well suited to describing the many moods of the subject, as well as those of the artists wielding the brush."-Jean Burman.

We celebrated JULY-WATERCOLOUR MONTH by painting different art forms using different mediums to inspire people to paint with watercolours while raising awareness for the importance of art and creativity in the world.

No. of participants: 80





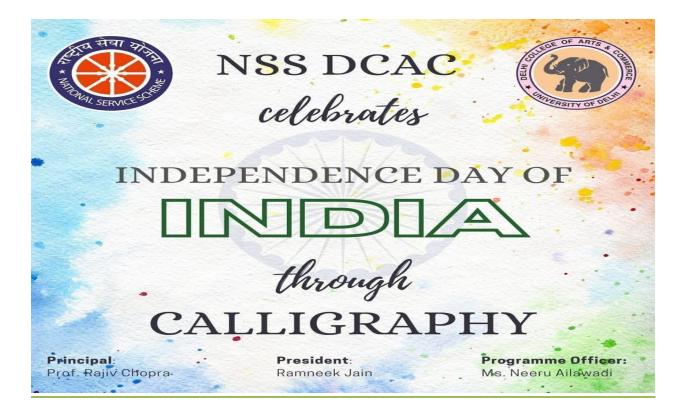


"Swachhata Pakhwada" as a part of "Swachhta Abhiyan" was initiated in

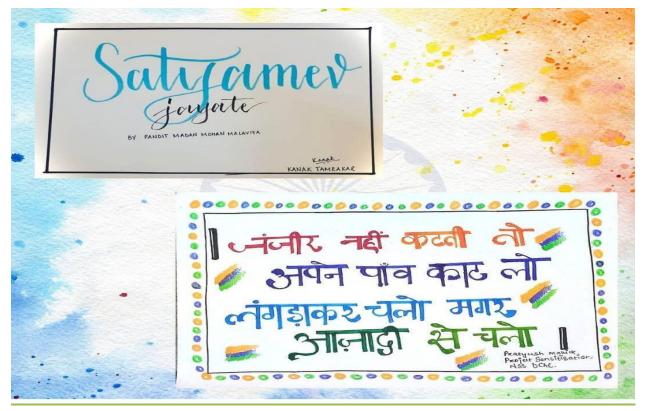
April 2016 with the objective of bringing a fortnight of intense focus on the issues and practices of Swachhata by engaging GOI Ministries/ Departments in their jurisdictions.

It serves in connecting people to the nature and enhancing those actions that make our country a better place.

More than 90 volunteers participated in the drive and contributed in making the surroundings clean.



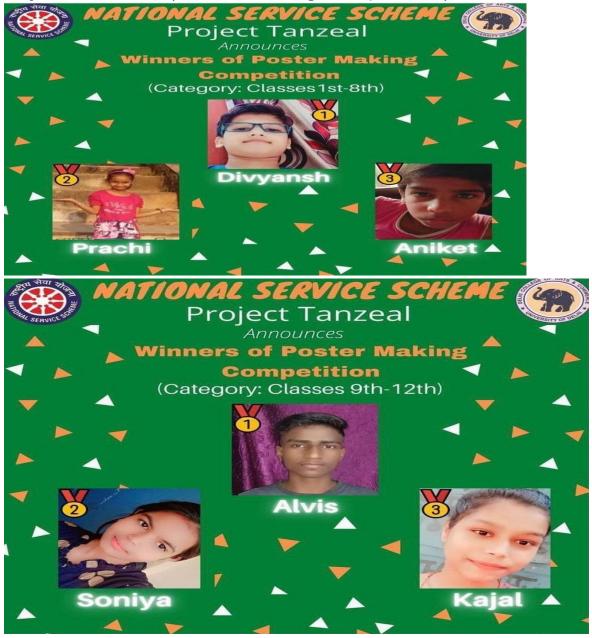
IM DO MAIN TUMHE zadi Dunga amy the Sie FREEDOM BE THE Matara echange You WISH to See in the MORLD BHAWNA mahatma Gandhi KSMITJ GARG yive Ale Blood And I Shall yive He Com. Jou Freedom. - 218taji Shubhash Chandra Bose.



On the occasion of World Calligraphy Day on August 11, Project Art and Craft organised a fun activity in the spirit of our Independence Day to draw out famous "Freedom Slogans" most creatively and attractively.

The whole of NSS DCAC (around 120 volunteers) enthusiastically participated in this activity and now let's look at the beautiful art made by NSS DCAC Volunteers and remember the iconic Slogans by Our Freedom Legends.

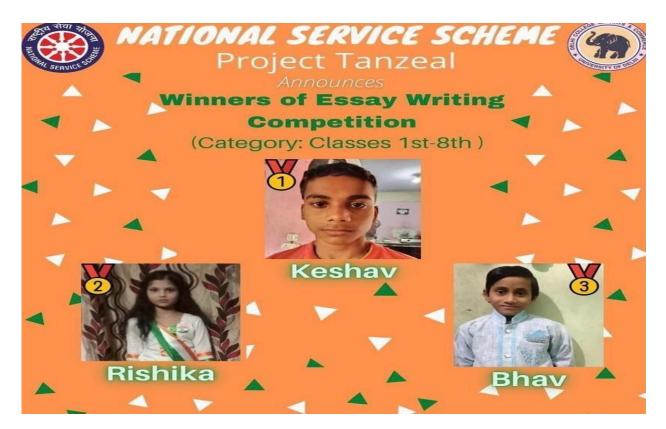
Project Tanzeal :- (Poster Making Competition)

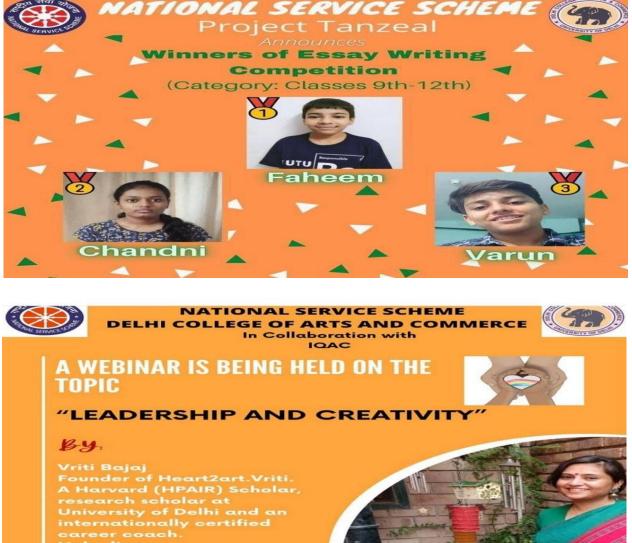


Project Tanzeal :- (Dance Competition)



Project Tanzeal :- (Essay Writing Competition)





August 31,2021 Starting from-3:30 PM

https://www.link n/vriti-bajaj

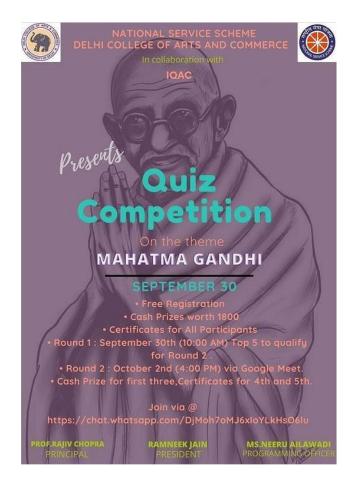
Google Meet Link: https://meet.google.co m/txf-xwgu-qej

ed h.com/i

Leadership-Creativity, Really?

National Service Scheme in collaboration with IQAC of DCAC is ready with the webinar of "LEADERSHIP AND CREATIVITY" for NSS volunteers.

18th Sept (Quiz Competition)



29th Sept :(Session for Tanzeal kids by Harshit Sharma)

NATIONAL SERVICE SCHEME DELHI COLLEGE OF ARTS AND COMMERCE				
in collaboration with IQAC				
MAJBHOOTI KA NAAM MAHATMA GANDHI				
Ву				
HARSHIT SHARMA				
Intern at Jindal Centre for Israel Studies Masters in Diplomacy Law and Business Jindal School of International Affairs, Jindal Global University				
FRIDAY , OCTOBER 1, 2021	4:00 - 5:00 P.M.			
GOOGLE MEET LINK: HTTPS://MEET.GOOGLE.COM/YBB- WRYO-ODK				
Prof. Rajiv Chopra Mr.Srikant Pandey I Principal Convenor IQAC	Ms.Ramneek Jain Ms. Neeru Alilawadi President Programme Officer			

Tanzeal kids really enjoyed the session and it was really informative. **No of participants- 80-90**

Caption:

NSS DCAC celebrates "Majbhooti Ka Naam Mahatma Gandhi "in collaboration with IQAC and invites you all to the webinar whose speaker is Harshit Sharma. He has been an intern at Jindal Centre for Israel Studies .He has done masters in Diplomacy law and Business from Jindal School of International Affairs, Jindal Global University.

29th Sept (Talk Trash):

	NAL SER elhi College of Art	VICE SCH s and Commerce	E M E
ta	PROJECT CLEAN & GREEN	invites you to a webinar called	şh
DATE : TIME : GOOGLE MEE	T CODE:	2 OCTOBER 2021 5PM NMW-KTVD-CIR	
Prof. Rajiv Chopra Principal, DCAC	Ms. Ramneek President, N		Ms. Neeru Ailawadi Program Officer, NSS

It was very informative and creative session for Tanzeals kid as well volunteer organised by Clean and Green. <u>No of participants- 90-100</u>

Caption:

With every end comes a new beginning.

The same goes with the waste we put out. It is certainly not the end of the cycle.

In order to deconstruct waste and make recovery of resources a task we all can perform in unison, project Clean & Green of National Service Scheme, Delhi College of Arts & Commerce invites you to a webinar organised by its own volunteers, titled "Talk Trash".

The webinar will be inclusive of the basic understanding of waste and its treatment. The participants are hereby urged to read a little about the concepts if possible.

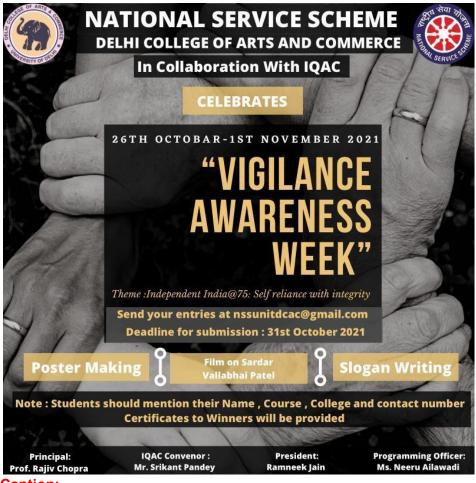
3rd Oct (Fitness Fusion):



It was really enthusiastic session No of participants:60-70 approx

Thus NSS DCAC presents a fitness fusion with Ms. Megha Kishore on October 9,2021 . Join us via google meet and become part of this amazing fitness fusion.

26th Oct - 1st Nov (Vigilance Week)



Caption:

Vigilance awareness week will be observed from 26.10.21 to 1.11.21.

NSS unit of DCAC has organised several events and competitions to celebrate this week.

This vigilance awareness week take a pledge to uphold highest standards of ethical conduct, honesty, and integrity.

29th Oct - (Composting)

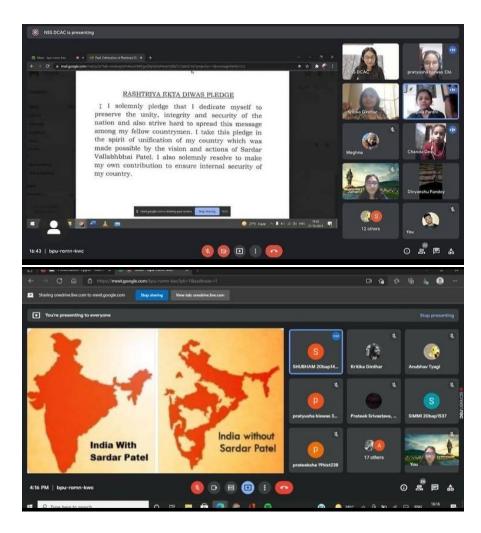


Caption :

The biggest act of giving back to Mata Nature is to compost! How is it useful? You are basically sending your waste back to earth where it recharges it for the next harvest. You get rid of running behind the Gaadi Waala. Your plastic goes to the recyclers, isn't it a win win?You basically do everything right, and if you compost, you are our hero! Project: Clean & Green



31st Oct (Rashtriya Ekta Diwas webinar by Project Tanzeal)



"Alone, I can do things you cannot. You, can do things I cannot. Together, we can do what we both cannot. And indeed, do the great."

Project Tanzeal of NSS, DCAC is proud to have celebrated Rashtriya Ekta Diwas or National Unity Day by holding an interactive and valuable webinar.

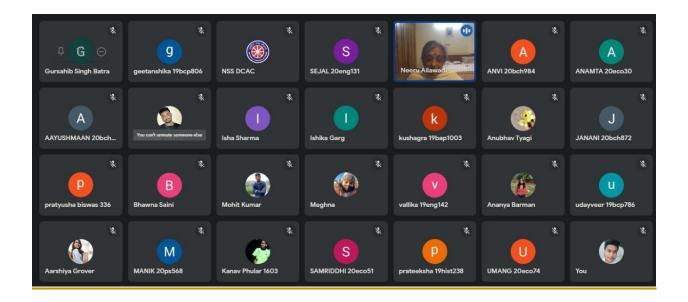
The attendees (110+) got to learn about Sardar Vallabhbhai Patel's life achievements and his treasured values that we ourselves can inculcate in our lives. The speaker was Shubham Yadav who is a BA Programme student at DCAC, DU and has a keen interest in history and spreading his knowledge to others.

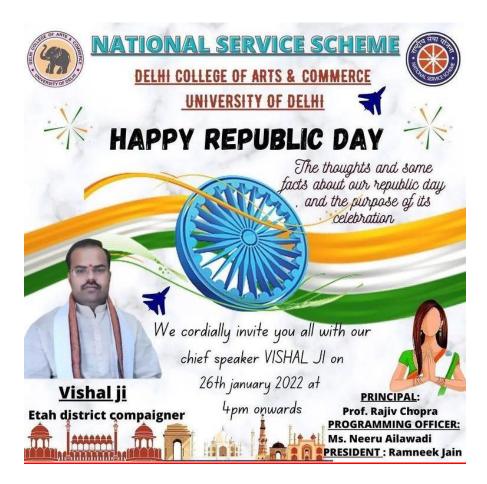
Happy National Unity Day to all! Remember, "Jahan Ekta hai, wahan jeet hai". Let's treasure the legacy left behind by Sardar ji.

31st Oct (Vigilance Pledge with Ma'am)

Volunteers along with our programming officer Ma'am took vigilance pledge and then thereafter Neeru ma'am briefed us all about Nadi ko jano competition and restoring ancient traditions.

Then we disclosed upcoming activities on Diwali by different projects.





All the volunteers 110+ attended the webinar with Vishal ji on the occasion of the Republic Day where he briefed us about why should be celebrate Republic Day.

On the occasion of 73rd republic day on we are bringing you guys a webinar with Mr. Vishal Etah district Uttar pradesh as our speaker.

Caption:

National service scheme of Delhi college of arts and commerce is immensely delighted to announce the worthy winners of our poster making competition held on Republic Day

The event gave an exciting opportunity to students to display their creativity skills by coming up with innovative ideas

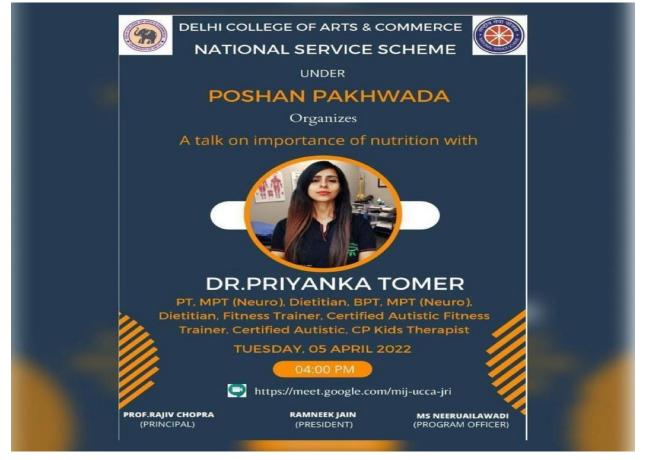




NSS DCAC Celebrates Shaheedi Diwas by taking pledge against drug addiction, corruption etc. to make World a better place to live.

Pledge taken by 30+ students.

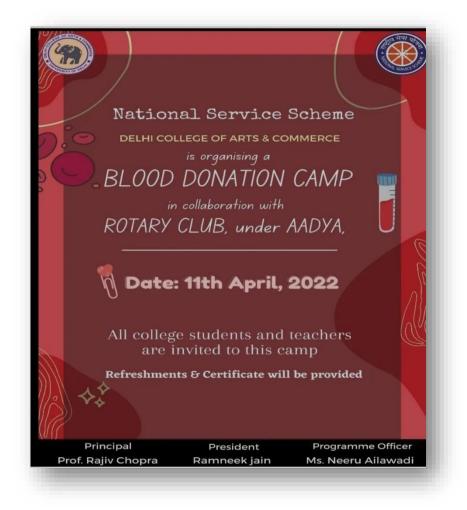
Celebrating Poshan Pakhwada

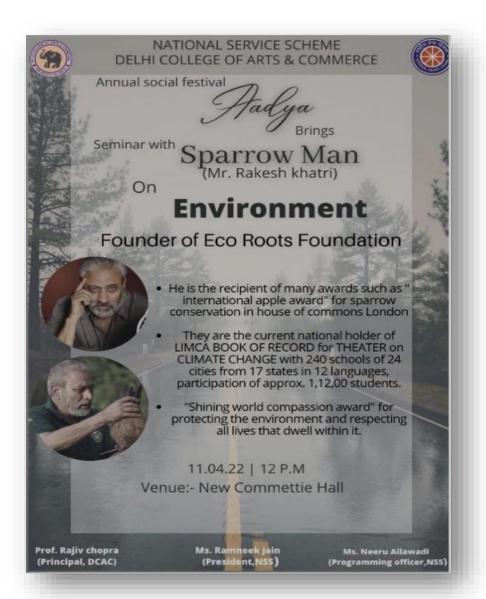


"To eat is a necessity, but to eat intelligently is an art." La Rochefoucald

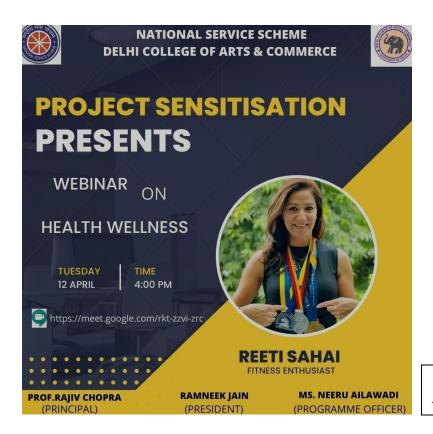
Nutrition is essential for our body and its processes. It is critical to eat a wellbalanced diet rich in all nutrients to avoid nutrient deficiencies and hormonal imbalances in the body. Nutrition is also important for boosting our immunity and giving it the ability to fight diseases. Thus NSS unit of DCAC invites you all to attend the webinar on "Nutrition Importance" by Dr. Priyanka Tomar on 5th April, 22

Webinar attended by 60+ students.









Webinar on Health Wellness with Reeti Sahai by Project Sensitisation. <u>Glimpse of Blood Donation Day & Talent Hunt Competition under AADYA 2022</u> The total number of students participated in blood donation camp was 82 approx.















Glimpse of Seminar with Sparrow Man of India, **Mr. Rakesh Khatri**: Attended by 60+ students



































