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**Objective: To Build Career in Sports and Teaching Profession**

To fit into the institutional goals and at the same time retain my own individual space. I believe that I would do justice to the job if I am given a chance. I assure that I would do my best for further growth and esteem of the institute and will provide motivation and encouragement to students.

Educational Qualifications

Sl. No.	Course of Study	Name of the University	Subject of Study	Year of Passing/Award
1	Ph.D.	CCS University, Meerut, Uttar Pradesh	Performance Of India In Asian Games, 1972-2012:A Diagnostic Study	2009
2	M.P.Ed.	Delhi University (I.G.I.P.E.S.S)	Physical Education	2001-02
3	P.G.D.P.Ed	Delhi University (I.G.I.P.E.S.S.)	Physical Education	1998-99
4	B.Comm. (Hons.)	Delhi University, M.L.N. College	Commerce	1997-98

Additional Professional Qualification

- Yoga Siromani (Teacher of Yoga) from the International Sivananda Yoga Vedant Centre, Neyyer Dam, Kerala in 2007.
- Attended NCC Camp during School.

Personal Sports Achievements

1. Attended Coaching camp for the Preparation of Indian Team for 2nd Asia Pacific Invitational Water Polo Tournament to be held at Hong Kong.

2. Secured 1st & 3rd Position in All India Inter-University Aquatic Championship held at M.D.University, Rohtak, Haryana, in Oct'1997.
3. Secured one 2nd and two 3rd Position in All India Inter-University Aquatic Championship held at I.I.T Kanpur in Sept'1996.
4. Secured 1st (New Meet Record) & 2nd Position in All India Inter-University Aquatic Championship held at Delhi University (Inter-University) in Oct'1995 - 96.
5. Secured 1st & 3rd Position in XXXX National School Games Championship held at Calcutta, West Bengal in 1995.
6. Secured 1st & 3rd Position in XXXIX National School Games Championship held at Panaji, Goa, in 1993.
7. Represented Delhi Swimming Team in Senior and Junior Nationals aquatic Championships held in between the years 1992 -2000.
8. Secured 6 Gold (Two Meet Record) 5 Silver & 6 Bronze Medals in various Delhi State Annual Aquatic Meets in Between 1992 to 1998.
9. Secured 10 Gold (One Meet Record) 7 Silver and 7 Bronze Medals in various Inter School & Inter College Aquatic Championships in between 1991 to 1998.
10. Secured 2nd & 3rd Position in Delhi State Water Polo Championship in 1995-96 & 1997-98.

Work Experiences

- Presently working as an Asst. Professor in the Deptt. of Physical Education, Delhi College of Arts and Commerce (University of Delhi), Netaji Nagar, New Delhi.
- Worked as Manager, Delhi University Swimming Team (Men & Women) to participate in All India Inter University Aquatic Championship 2014-15 held at Jain University, Bangalore and were declared **RUNNR-UP** in Women team championship.
- Worked as Manager, Delhi University Swimming Team (Men & Women) to participate in All India Inter University Aquatic Championship 2013-14 held at GNDU, Amritsar, and Punjab and declared **WINNER** in Women's Team Championship.
- Worked as Manager, Delhi university Swimming Team (Men & Women) to participate in All India Inter University Aquatic Championship 2012-13 held at Calcutta, West Bengal and declared **RUNNER-UP** in Men's Diving Team Championship.

- Worked as Manager, Delhi university Swimming Team (Men & Women) to participate in All India Inter University Aquatic Championship 2011-12 held at Calcutta, West Bengal.

Publication(s)

Book(s):

- Commonwealth Games and Sports Tourism (2013), Sports Educational Technologies: New Delhi, ISBN No. 978-81-89902-87-2
- Media and Sports Journalism (2013), Sports Educational Technologies: New Delhi, ISBN No. 978-81-89902-87-2

Research Article:

- “Reliability of Time Domain HRV Analysis”(2013), Vol(1) in *Intellectual Resonance*, ISSN No.-2321-2594, Pg no. 115-119

Paper(s) Presented

- “*Percentile Norms of Automic Sympathetic and Parasympathetic Reactivity Variables of Indian Sportspersons Withdrawn from Competitive Games and Sports from Power Events*”, in National Conference on “*Wellness through Physical Activity: Future Perspective*”, 17th-18th January, 2014 Organised by Deptt. of Physical Education, Punjabi University, Patiala, Punjab (Co-Author)
- “*Percentile Norms of Heart Rate Variability (HRV) of Indian Sportspersons withdrawn from Competitive Games and Sports*” in International Congress on “*Sports Psychology ICSP-2104 Exercise and Sports Psychology in 21st Century: Research and Application Perspective*”, and 25th National Conference of Sports Psychology, 15th-18th October, 2014 (Co-Author)
- Co-Chaired a Session in International Congress on “*Sports Psychology ICSP-2104 Exercise and Sports Psychology in 21st Century: Research and Application Perspective*”, and 25th National Conference of Sports Psychology, 15th-18th October, 2014

Personal Profile

Father’s Name : Dr. M.S.Rathi
Date of Birth : 18th July 1977
Permanent Address : 160-H, Village Munirka, New Delhi-110067. India
Sex/Marital Status : Male/Married

Language Known : English, Hindi (Reading, Writing and Speaking)

Declaration

I do hereby declare that the above mentioned information are true to the best of my knowledge and belief.

Place: New Delhi
Date:

Yours Sincerely,
Dr. Manoj Kumar Rathi