



Delhi College of Arts and Commerce

NATIONAL SERVICE SCHEME

In collaboration with IQAC.



IS ORGANISING

Yoga workshop on the Occasion of

7th INTERNATIONAL YOGA DAY

Topic : An Hour of Restorative Yoga



Ritika Shah

Ms. Ritika is a public policy researcher and trained in Ashtanga yoga.



DATE: 21st June, 2021



TIME : 9a.m.



VENUE: Google meet

LINK : <https://meet.google.com/zaa-xmvm-pni>

Principal:

Prof. Rajiv Chopra

IQAC Convenor

Mr. Srikant Pandey

Programme officer:

Ms. Neeru Ailawadi

President:

Ramneek Jain