

NATIONAL SERVICE SCHEME
DELHI COLLEGE OF ARTS & COMMERCE

WORLD POPULATION DAY

OVERPOPULATION

Causes

- Reduced mortality rate
- Lack of Girl Education
- Underutilization of Contraceptions
- Lack of Family Planning

Effects

- Over exploitation of resources
- Poverty
- Environmental Degradation
- Deforestation
- Rise in unemployment
- Neo colonialism and conflicts
- Higher risk of disasters and pandemics

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Family planning

According to WHO, family planning is defined as “the ability of individuals and couples to anticipate and attain their desired number of children and the spacing and timing of their births. It is achieved through use of contraceptive methods and the treatment of involuntary infertility.

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Birth control

Birth control is any method used to prevent pregnancy. There are different methods of birth control including condoms, IUDs, birth control pills, the rhythm method, vasectomy, and tubal ligation.

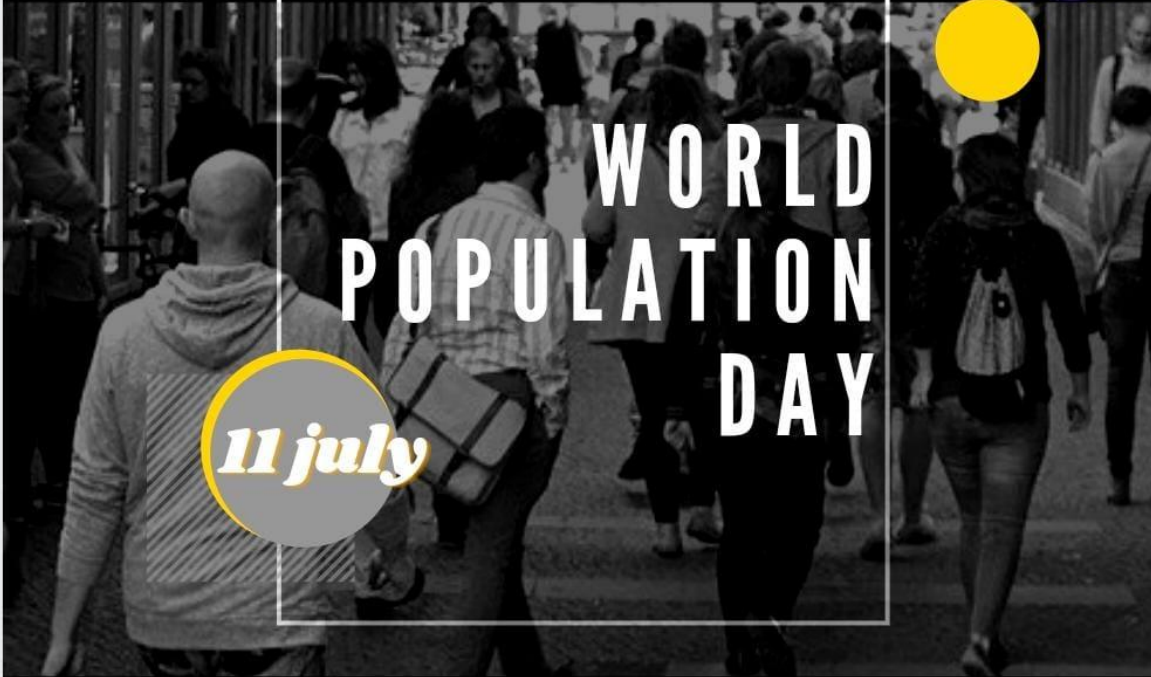
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11 july

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